



STORM TRYSAIL CLUB

74th Annual Block Island Race

Friday, May 24, 2019

The Block Island Race is a qualifying race for the Northern Ocean Racing Trophy, the Double Handed Ocean Racing Trophy, the New England Lighthouse Series, the Gulf Stream Series, and a qualifier for the YRA of LIS Spring Series, DeCoursey Fales and Windigo Trophies, and “The Tuna Trophy.”

The Storm Trysail Club is the Organizing Authority for the Block Island Race. The Storm Trysail Club thanks the Flag officers and the members of the Stamford Yacht Club for the use of their facilities and their cooperation and hospitality.

SAILING INSTRUCTIONS

1. Rules: The Block Island Race shall be governed as follows:

1.1) By the rules as defined by the current Racing Rules of Sailing 2017-2020 (“rules”), including the US SAILING Prescriptions to the rules. The following rules are changed:

- 17 with the addition of: From sunset to sunrise, when two boats are on the same tack within three overall lengths (of the larger boat) of each other, the boat being overtaken shall maintain her proper course. The overtaking boat shall keep clear, and neither boat shall bear away toward, nor luff, the other.
- 41 to allow the double-handed classes to communicate amongst themselves
- 51 to allow the use of canting keels for all boats rated with them
- 52 to allow the use of stored power to mechanically move canting keels, and for the Double-handed classes to use wind vanes and/or autopilots.
- 61.1 see SI 14 Protests & Requests for Redress
- 60.1(a) see SI 9 Recalls (also changes rules 28, 63.1, A4 and A5)
- 64.1 see SI 11

1.2) The current PHRF Regulations as administered by the YRA of Long Island Sound (YRA-LIS)

1.3) The current YRA-LIS Minimum Equipment and Safety Recommendations–Category A (see SI 17)

1.4) The current IRC Regulations Parts A, B & C. IRC boats equipped and rated with water ballast and/or canting keel may use same. This modifies rule 51.

1.4.1) In accordance with IRC Rule 11.2, without an increase in rating, a boat may carry one more spinnaker than shown on her current certificate, if of area not greater than rated SPA.

1.4.2) The number of crew allowed shall be the number stated on the certificate, plus one.

1.5) The New England Multihull Association (NEMA) RACE RULES 2019 (www.nemasail.org)

1.6) The 2019 Offshore Multihull Association MultiRule (www.offshoremultihull.org)

2. Notices to Competitors: All notices will be made on the YachtScoring website (www.yachtscoring.com) Notice Board and emailed to all entrants.

3. Changes to Sailing Instructions: Changes and/or additions to the Sailing Instructions shall be posted on the Notice Board on the YachtScoring website by 1000 on the day of the race. Changes to the scheduled start time will be posted by 0800 on the day of the race.

4. Signals Made Ashore:

- 4.1 Should changes and/or additions be made to the Sailing Instructions, International Code Flag "L" will be hoisted on the Shore Station (main flagpole) of the Stamford Yacht Club at least four hours prior to the Warning signal. Any such changes **will not** be available on the water. (see SI 2)
- 4.2 In the event weather conditions are such that the race cannot be started at a reasonable hour, the Start will be postponed, by the display of International Code Pennant "AP" over International Code Flag "A" and two sound signals. The Warning for the first class will be Saturday at 0855.

5. Class Flags

- 5.1 Class flags shall correspond to start positions indicated on the Scratch Sheet and are identified by numeral pennants.
- 5.2 Class assignments will be made by the race committee and shall appear on the Scratch Sheets.
- 5.3 Class flags shall be flown from the backstay from the time a boat enters the general starting area until she has finished.

6. Courses and Marks:

- 6.1 The courses are as follows:
- (1) Boats will sail from the Start; leave Block Island to starboard, to the Finish. Course distance is 186 NM. The following Government Marks shall be considered marks of the course and left to Starboard:
 - (a) "1 BI" off North Reef, Block Island
 - (b) Flashing Red BELL "32" (The Cows)
 - (c) Red Nun "2"
 - (2) Short Course:

Boats shall sail from the Start; leave the Red & White Whistle "PI" (Plum Island) to starboard, and to the Finish. Course distance is 125 NM. The following Government Marks shall be considered marks of the course and left to Starboard:

 - (a) Flashing Red BELL "32" (The Cows)
 - (b) Red Nun "2"
 - (3) Reverse Course:

A Reverse Course (code flag "R") shall be from the Start out to and around Block Island in an ANTI-CLOCKWISE direction, thence to the Finish: Block Island and "1BI" shall be left to Port, Flashing Red BELL "32" (The Cows) and Red Nun "2" shall be left to starboard. Should Course "R" be signaled, it will be announced before each Warning Signal.
 - (4) All other Government Marks may be disregarded at the discretion of the Captain or Navigator.
- 6.2 At the discretion of the Race Committee, a **SHORT COURSE (code flag "C") may be signaled**. Should Course "C" be signaled, it will also be announced before each Warning Signal.
7. **Check-in:** Before its class warning, boats are requested to check-in by sailing in the vicinity of the signal vessel and declare their intention to start. Boats shall NOT check-in by radio.

8. The Start:

- 8.1 Starting Signals shall be in accordance with rule 26 with classes starting at ten-minute intervals after the first start and in the order indicated on the top of the Scratch Sheet.
- 8.2 The Starting Line shall be between the course side of Flashing Red BELL "32" (The Cows) off Stamford Harbor, and a staff flying an orange Flag displayed from the Signal Vessel.
- 8.3 The Starting Area shall extend along the Starting Line and 100 yards westerly thereof. Boats not starting shall keep clear of the Starting Area.

8.3 Boats starting after their class's starting signal shall do so between the start of a class and the warning for the subsequent class..

9. Recalls:

9.1 In the event of an Individual Recall, the race committee will attempt to hail OCS boats by name or sail number over VHF Ch. 05A. The timing and order of such hails and/or the failure to hear the hail will not be grounds for redress. This changes rule 62.1(a)

9.2 A boat that is OCS and does not restart shall, without a hearing, have thirty minutes added to her elapsed time. For the purposes of rules 28, A4, and A5, a boat so penalized shall be considered to have started properly. This changes rules 28, 63.1, A4 and A5.

10. The Finish:

10.1 The Finish Line will be at the Stamford Harbor entrance between the flashing green beacon on the West breakwater and a staff displaying an orange flag on a committee vessel anchored northerly of the East breakwater. If no Committee Boat is on station at the Finish, each boat shall record the time after she crosses a line between the beacons on the East and West breakwaters at the entrance to Stamford Harbor and when the flashing green beacon on the West breakwater bears 260° magnetic. This time, together with her best estimate of the finish times and sail numbers of the boats immediately preceding and following, must be reported to the RC by telephoning 203-912-8858.

10.2 Boats approaching the Finish are requested to notify the race committee on VHF Channel 05A upon rounding Flashing Red Bell "32" (The Cows). When finishing in darkness, to be sure identity has been properly established, each boat shall illuminate her sail numbers and verify identity with the race.

11. Penalty System:

11.1 The Scoring Penalty, rule 44.3, will apply.

11.2 In the case of a protest involving the rules of Part 2, the boat at fault, instead of being disqualified as a result of a hearing, may, at the option of the Protest Committee, have her corrected time increased by 2% or more. This modifies rule 64.1, but does not affect SI 9.1

12. Time Limit: None

13. Retirement: Any boat withdrawing from the race shall break out her ensign and lower her class flag, and at the first opportunity, she **SHALL** report her withdrawal to the race committee on VHF Channel 05A or by telephoning 203-912-8858.

14. Protests & Requests for Redress:

14.1 In addition to all other requirements of rule 61.1, a boat intending to protest shall display a red flag above her class flag, and promptly after finishing, shall notify the race committee over VHF Ch 05A of her intent to protest.

14.2 Protests shall be filed at the Dockhouse at the Stamford Yacht Club within four hours of the protestor's finish time or by 0900 for boats finishing between 2200 and 0500.

14.3 Notices will be posted no later than 30 minutes after a protest is filed. The protest committee will attempt to notify the parties by telephone, text, or email.

14.4 Protest hearings will be held at a time and place to be determined and mutually acceptable to the parties involved.

15. Scoring:

15.1 In classes sailing in PHRF, corrected times will be calculated using PHRF Time-on-Time scoring. A boat's corrected time will be her elapsed time multiplied by $(650/(550+YRALIS\ PHRF\ Rating))$

15.2 Other handicap classes will be scored in accordance with their handicap system rating and formulas.

15.3 IRC rated Double-handed boats may also submit a PHRF certificate and be unofficially dual scored.

16. Radio Communication:

16.1 It is the intention of the Race Committee to use and monitor VHF Channel 05A. All boats are urged to keep their radios ON and audible during the starting sequence, and monitor VHF Channel 16 for the duration of the race.

16.2 Other than as described in these instructions, a boat shall neither make nor receive wireless communications not simultaneously available free of charge to all boats.

17. Safety Regulations:

17.1 In accordance with NOR 15, at least 30% of those aboard the boat, but not fewer than two members of the crew, including the person in charge, shall have attended an International Offshore Safety at Sea Course with Hands-on Training or a US Sailing sanctioned In-person Offshore Safety at Sea Seminar, within five years prior to the start of the race. The remainder of 75% of the crew shall have completed the USSailing Safety at Sea online course <http://www.safetyatseacourse.com>. This changes YRA-LIS Minimum Equipment and Safety Recommendations paragraph 5.2.

17.2 All boats are strongly encouraged to follow the STC Safety Guidelines and the Guidelines for Rendering Assistance. These guidelines are available on the Storm Trysail website: (stormtrysail.org/safety-assistance-guidelines), a copy of which shall be kept aboard while racing. The Organizing Authority may make random inspections of boats at any time prior to the awarding of prizes.

18. Prizes and Reception: A reception and awards gathering is scheduled for 1700 on Sunday, May 26th at the Stamford Yacht Club. All skippers, crew and guests are invited. Dress is nice casual, there is no fee. Skippers are requested to advise Stamford YC (203-323-3161) by 1200, of the number of people they intend to include.

19. Disclaimer of Liability:

Competitors participate entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after, the race.

Event Chair/PRO – Ray Redniss, RRO

**STC Commodore – A.J. Evans
STC Vice Commodore – Ed Cesare
STC Rear Commodore – Ray Redniss**

**PLEASE ADDRESS ALL CORRESPONDENCE TO:
THE STORM TRYSAIL CLUB, 1 WOODBINE AVENUE
LARCHMONT, NEW YORK 10538
TEL: 914-834-8857 FAX: 914-834-6484**

Email: Rearcommodore@Stormtrysail.org - Website: <http://Stormtrysail.org>

Storm Trysail Club gratefully thanks the Flag Officers, members, and staff of Stamford Yacht Club for their continued friendship and hospitality.